

CANNABINOID

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1. WHAT IS A CANNABINOID?



A cannabinoid is a compound produced by the cannabis (marijuana) plant or synthesized as a chemical (synthetic cannabinoid). Of more than 100 cannabinoids in the plant, delta-9-tetrahydrocannabinol (THC) is the main psychoactive compound, which alters the mind or behavior. Other cannabinoids include cannabidiol (CBD), cannabinol (CBN), and cannabigerol (CBG). Since the mid-2000's, many different synthetic cannabinoids were produced in illegal laboratories and sold as drugs to mimic the effects of THC.

2. WHICH CANNABINOIDS ARE PROHIBITED?



All natural and synthetic cannabinoids are prohibited except for cannabidiol (CBD). Cannabis, hashish and marijuana are prohibited. Products, including foods and drinks, containing cannabinoids, are also prohibited. All synthetic cannabinoids that mimic the effects of THC are prohibited.

3. IS CANNABIDIOL (CBD) OIL PROHIBITED?



CBD is not prohibited; however, athletes should be aware that some CBD oils and tinctures extracted from cannabis plants, may also contain THC and other cannabinoids that could result in a positive test for a prohibited cannabinoid.