

Therapeutic Use Exemptions (TUEs) Guidelines

- **What?**

*As an athlete, you may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List (*Annually reviewed by WADA), you may be granted a Therapeutic Use Exemption (TUE) which gives you permission to take it.*

- **Why?**

TUEs ensure that you are able to obtain treatment for a legitimate medical condition – even if that treatment requires a prohibited substance or method.

**The TUE process avoids the risk of sanctions due to a positive test.*

Who?

FIH International-Level Athletes who may be subject to doping control must request a TUE before taking a prohibited medication. All information in this request remains strictly confidential.

When?

An application must be made at least 30 days before taking part in an event. In exceptional cases or true emergencies, a TUE may be approved retroactively.

**Please submit your application by email to bryan.mo@fih.ch or in ADAMS.*

NADO TUE Recognition

If you wish to participate in a FIH International Event and you have been granted a TUE by your National Anti-Doping Organisation (NADO), you must, prior to such participation, obtain recognition from the FIH TUEC. If that TUE application meets the criteria, then the FIH TUEC shall recognise it.

The TUE Process

1. Request a TUE form from FIH or you can find it on the FIH's website.

2.

Your physician fills out the TUE form and you send it back to FIH. The form must be accompanied by:

- A. a statement by an appropriately qualified physician, attesting to the need for the athlete to use the prohibited substance or prohibited method in question for Therapeutic reasons; and
- B. a comprehensive medical history, including documentation from the original diagnosing physician(s) (where possible) and the results of all examinations, laboratory investigations and imaging studies relevant to the application.

3.

Once a TUE is requested, FIH's TUE Committee reviews your request and will grant a TUE if:

- A. your health will be significantly impaired if you do not take the substance.
- B. the substance does not enhance your performance beyond what brings you back to normal health.
- C. there are no alternative treatments available.



The FIH advises you if you can take the requested medication or not. In the case of a denied request. You will be informed of the reasons. You have the right to appeal the decision.

TUE Tips during doping control



Declare the approved medication on your Doping Control Form

Specify that a TUE has been granted

Show a copy of the TUE approval to the doping control officer